

Helping Families Bring Their Loved Ones Home - And Keep Them There.

COGNITIVE & HOME CARE WARNING-SIGN CHECKLIST

A conversation starter for families - not a diagnosis or medical assessment.

- ☐ Increased forgetfulness or confusion
- ☐ Missed or doubled medications
- ☐ Skipped meals or spoiled food
- ☐ Difficulty bathing, dressing or grooming
- ☐ Walking, balance or fall concerns
- ☐ Unsafe when alone
- ☐ Missed appointments, bills or household tasks
- ☐ Driving or getting out safely is a concern
- ☐ Social isolation or withdrawal
- ☐ Nighttime wandering or supervision concerns
- ☐ Family caregiver exhausted or overwhelmed
- ☐ Recent return from hospital, nursing home or rehabilitation

If several boxes are checked...

It may be time to discuss additional support at home. Hope Alive can help families explore non-medical in-home support.

Next Step

Request a complimentary in-home assessment. Call 615-622-5375 or visit www.hopealivecareservices.com.